



Downtown Schedule

(as of July 1st, 2025)

Time	Tuesday	Time	Thursday	Time	Sunday
4:15	Intermediate II (6-10 yrs) Orange – Black	4:15	Tiny Tikes (4-5 yrs) White	12:45	Intermediate I (6-10 yrs) Orange – Green
5:00	Beginner (6-10 yrs) White – Yellow	4:45	Beginner (6-10 yrs) White – Yellow	1:30	Tiny Tikes (4-5 yrs) White
5:45	Teen/Adult Class All Belts	5:30	Intermediate I (6-10 yrs) Orange to Green	2:00	Beginner (6-10 yrs) White – Yellow
		6:15	Intermediate and Advanced (11+) White to Black	2:45	Intermediate and Advanced (11+) White to Black

Contact Us!

T: 647-299-6862

E: dt@ignitetaekwondo.ca

www.ignitetaekwondo.ca